



Mail to:
Newsletter Editor
207 North Nevada Avenue
Colorado Springs, CO 80903

Send a picture!

Date: Name: Age: Job: Phone #:

Family members and other important household residents:

Number of years running, what got me started:

I knew I was hooked on running when:

How long have you been a PPRR member?

Reason for joining the PPRR:

My favorite places to train:

Current weekly mileage:

PRs:

Favorite distance:

Proudest running accomplishment:

My next goal is:

Favorite race:

One of my earliest misconceptions about running was:

My pre-race superstitions include:

Training philosophy/schedule:

Training diet:

If I could spend the day with any person, living or dead, it would be:

One piece of advice I'd give to other runners is:

People would be surprised if they knew:

Favorite restaurant:

Favorite movie:

Favorite things to read:

Other interests:

My strangest/most embarrassing running moment was when...



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Favorite model of running shoe(s) and why:

What (if anything) would you like to change about the club?

Neatest thing found on a run

"Favorite injury" (running related) and cure:

The one other thing PPRR members would love to know about me is...

And the #1 reason to run IS: