

Registration Form

Name: _____
 Last First MI
 Address: _____
 City, St, ZIP: _____
 Home Phone: _____
 Work Phone: _____
 Race Day Age: _____ Birthdate: _____
 Shirt Size: _____
 Gender: Male Female
 Event: 5K 10K Walk
 Age Groups:
 10-14 15-19 20-24 25-29 30-34
 35-39 40-44 45-49 50-54 55-59
 60-70 71 +
 Clydesdale (200 + lbs) Filly (160 + lbs)

Event	No.	Cost	Total
Adult (18 & over)		\$25	
Youth (17 & under)		\$15	
Family (2 adults, two youth. \$10 per additional youth)		\$70	
Donation Amount			
Total			

Other Registered Names:

Name: _____
 Last First MI
 Gender: Male Female
 Event: 5K 10K Walk
 Race Day Age: _____ Birthdate: _____
 Clydesdale (200 + lbs) Filly (160 + lbs)

Name: _____
 Last First MI
 Gender: Male Female
 Event: 5K 10K Walk
 Race Day Age: _____ Birthdate: _____
 Clydesdale (200 + lbs) Filly (160 + lbs)

Name: _____
 Last First MI
 Gender: Male Female
 Event: 5K 10K Walk
 Race Day Age: _____ Birthdate: _____
 Clydesdale (200 + lbs) Filly (160 + lbs)

Waiver of Rights Agreement: In consideration of this entry being accepted, I, for myself and the others I have registered, my heirs, executors, administrators, assigns, and personal representatives forever waive and release all rights and claims for damages I may have against CSU-Pueblo, all other sponsors, their officers, directors, agents, representatives, servants, employees, successors, and assigns arising out of my participation in the Spank Blasing Memorial 5K/10K Run & Fun Walk. I, and the others I have registered, further agree, now and forever, to hold the above parties harmless of, from and against indemnify them for all claims, damages, judgments, costs, expenses attorney's fees should they be held liable for any damages, personal injury, or death I may sustain or claims rising out of this event, including, but not limited to, those which may be attributable to weather conditions, and/or a course that may have pot holes, sand or gravel present. I acknowledge that I, and the others I have registered, am in good health and are capable of participating in the Spank Blasing Memorial 5K/10K Run & Fun Walk and that any and all of my and the others questions have been satisfactorily answered. Further, I, and the others I have registered, hereby grant full permission to any and all of the foregoing to use my name, photographs, video tapes, motion pictures, recordings, and any other record of me participating in this event for any publicity. I have read the entry information provided and certify my, and the others I have registered, compliance with my signature below.

Participant #1 Signature _____
 Date _____

Participant #2 Signature _____
 Date _____

Participant #3 Signature _____
 Date _____

Participant #4 Signature _____
 Date _____

Return registration to:

CSU-Pueblo Foundation/Spank Blasing Run
 2200 Bonforte Blvd
 Pueblo, CO 81001
 Or FAX 549-2570

For more information, please call 549-2013 or e-mail todd.kelly@colostate-pueblo.edu

8th Annual



Presented by



Waste Connections
 of Pueblo
 (719) 948-0047

Benefitting

CSU-Pueblo

Student Athletes Scholarships

&

Aveda's Clean Water Project for Haiti

Sunday, April 18, 2010

Neta & Eddie DeRose ThunderBowl

CSU-Pueblo Campus

8:30-9:30 a.m. Registration

10:00 a.m. Race Start

\$25 pre-registration

\$30 race-day registration

Register on-line at:

gothunderwolves.com/information/Spank_Blasing_Run/index

Participant Benefits

- Complimentary Race T-Shirt
- Complimentary Sport Water Bottle
- Goodie Bag
- Pre-Event Coffee and Juice
- Post-Event Breakfast
- Free Back Massages

Donations

Can't attend this year's event but would like to support CSU-Pueblo athletics? No problem, just fill out the registration form and enclose your donation. If you donate \$50 or more you will receive a FREE official Spank T-Shirt.

What is the Spank?

The Spank Blasing 5K/10K Run & Fun Walk promotes a healthy family lifestyle, exercise, fitness, and higher education.

The 5K & 10K run, and two-mile walk is conducted around the CSU-Pueblo campus and the Belmont neighborhood and ends with a final lap around the Neta & Eddie DeRose ThunderBowl.

All proceeds from the Spank Blasing Run benefit the CSU-Pueblo Student-Athlete Scholarship Fund.

To find out more about the Spank run and CSU-Pueblo Athletics, please visit our web site at: www.gothunderwolves.com.



Awards and Prizes

Awards will be given to the top three finishers in the following categories:

Overall:

Top 3 Males

- 1st-Commerative Mug/\$25 Gift Certificate
- 2nd-Commerative Mug/\$15 Gift Certificate
- 3rd-Commerative Mug/\$10 Gift Certificate

Top 3 Females

- 1st-Commerative Mug/\$25 Gift Certificate
- 2nd-Commerative Mug/\$15 Gift Certificate
- 3rd-Commerative Mug/\$10 Gift Certificate

Age Groups:

Male	Female
10-14	10-14
15-19	15-19
20-24	20-24
25-29	25-29
30-34	30-34
35-39	35-39
40-44	40-44
45-49	45-49
50-54	50-54
55-59	55-59
60-70	60-70
71+	71+

*Clydesdale (200 + lbs) *Filly (160 + lbs)

*-Clydesdale and Filly division is based on the weight of the runner. There are no age divisions within the weight class. You must specify if you are running in your age group or in one of the weight classes.

Race Day Agenda

- 8:30 a.m. Pre-race registration and packet pickup, ThunderBowl Fieldhouse
- 9:30 a.m. Registration Ends
- 10:00 a.m. Race starts
- 10:30 a.m. FREE Back Massages Begin
- 10:45 a.m. Breakfast & Awards

A Big Thank You to the Following Partners:

