Manitou Cross Country Mountain Run 5k

Saturday, August 28, 8 AM

Richardson Field Manitou Springs High School

Registration options

Race day registration: $15
Starting at 7:00 AM

Mail In registration: $10
Manitou XC Mountain Run
Jesse Hull
734 E San Miguel St.
Colorado Springs, CO 80903

Make Checks payable to Manitou HS Cross Country

Course Description

The course will start and finish on the Manitou HS athletic field (Richardson Field). The course consists to of two different loops surrounding Manitou High School on neighborhood streets, the Intemann Trail and MSHS grounds. The course is designed to be a rather challenging 5k with plenty of ascent and descent.

Race Beneficiary

The proceeds of the race will go to Manitou Springs High School Cross Country Team.

Awards

Men Overall Top 3
Women Overall Top 3

Contacts

Jesse Hull-	jhull@mssd14.org	685-2653
Jaclyn Roberson	jroberson@mssd14.org	

Last Name_____ First Name_____

Address_____

City_____ State_____ Zip _____

Home Phone(____) ____ _____ Email_____

Circle One: Male Female

Entry Fees
$ 10 Make checks payable Manitou HS Cross Country

Waiver: In consideration of the acceptance of this entry, I hereby waive and release any and all right and claims for damages that I or my heirs may have against Manitou Springs District 14, City of Manitou Springs, race sponsors, race directors and volunteers. I certify that I have properly trained for this event and am medically able to participate.

Signature_____ Date_____

Guardian Signature (If under 18)_____ Date_____

Mail Registration

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