



TURKEY TROT PREDICT

November 21, 2009



This is a prediction run with a staggered start format. When you register, you predict your finish time for the 5K course. The clock is set to the highest predicted finish time of all the runners and set to count down. As the clock reaches the prediction time of each runner, that runner starts running. With this format, the slower runners start first, followed by the middle of the pack runners, and then finally the fast runners. If everybody predicts their time perfectly, they will finish at the same moment.

Please – No dogs, strollers, watches, pacers, i-Pods/headphones

Race Day Registration ONLY starts at 9:00am. Predict starts at 10:00am

Location: Memorial Park/Prospect Lake – Velodrome Parking Lot

Fee: FREE – PPRR members

\$5.00 – Non members*

*you can sign up as new members that day.

Awards: 6 runners closest to their prediction win a turkey
1 runner furthest from his/her prediction wins a game hen

Bring one of your favorite sweet tooth items. These will be used for random prize drawings.

Need more information:

Patricia Lockhart
Pat.lockhart@q.com

Mike Shafai
michael.c.shafai@smithbarney.com

WWW.PPRRUN.ORG